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## BLOOD PRESSURE

Posted by maddog - 2008/07/16 00:30

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It's imperative

It's crazy to turn the other way.

When you get to 40 start checking your blood pressure it's a tell tell sign, something is going wrong or is wrong, with your engine.

Again as you get older so does your engine. We can change our oil ( blood ) with a blood transfusion normally happens when your very ill.

Keeping an eye on your blood pressure is a good way of checking the body. Anything around 123 SYS over 65 DIA is good, start going towards 145/50 and 75/ 80 your running the risk of a serious fuse going or a heart attach or death.

If it's high, take a couple of Aspirin.

Or Use Richard's Forskolin to help bring it down immediately it works.

Post edited by: maddog, at: 2008/07/16 00:45

[http://www.themdtv.com/components/com\\_fireboard/uploaded/files/FORSKOLIN.jpg](http://www.themdtv.com/components/com_fireboard/uploaded/files/FORSKOLIN.jpg)

Post edited by: maddog, at: 2008/07/16 00:45

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